



Parent and Student Athletic Handbook

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“And whatsoever ye do, do it heartily as to the Lord and not unto men.”

Colossians 3:23

Requirements:

We believe that our athlete's participation develops them mentally, socially, physically, and spiritually. The activities of the athletic department at PCA are a part of the total education program to challenge your student's potential. Athletics can also teach you many life lessons in ways that cannot be achieved in a classroom setting. Parkview Athletic Department has a vision of excellence. We want to provide a competitive experience that breeds athletic and academic success; most of all, Christ-like character. We are a Christ-centered community and we, first, must honor Christ in everything we do. We are not created to be mediocre! Secondly, we must have a respect for the sport. Thirdly, we must have a commitment to our team. We want to pursue excellence and be "The Team to Beat".

All PCA sports are governed by the rules of the Texas Christian Athletic League (TCAL)

REQUIREMENTS:

1. Ensure that all required paperwork is on file in the School Office
 - a. Obtain an annual Physical Exam
 - i. This may be performed by a personal physician or at the PCA Physical Night
 - b. Signed TCAL Player Participation Forms
 - c. Signed Covenant page from this handbook

*NOTE: Students WILL NOT be allowed to participate in practices or games until they have completed and turned in all the above paperwork to the School Office

2. Maintain academic eligibility as outlined in the PCA Handbook

POLICIES

Athletic Period

All athletes, no matter what sport they are currently in, will participate in an organized athletic/workout period year-round.

Discipline

Discipline will be bestowed upon the coach of each sport in which the student is competing. Each coach will have their own expectations for the team and individual roles. Discipline will be enforced to teach responsibility, good conduct, and respect.

Eligibility

Staying eligible is an important factor in our athletic program. We desire that all students do well in their studies. When students do not meet the required grade point average, the ineligibility rule plays as a reminder to students to keep a balance between their education and other activities.

SCHOOL AND ACEDEMICS ALWAYS COME BEFORE ATHLETICS!

Ineligibility Rules/Guidelines

1. If at the end of the quarter a student falls below required GPA (See PCA Handbook), he/she must still attend practice, but will have to sit out at games for three weeks.
2. After three weeks, if the student is passing he/she is eligible to participate in games, but if a student is again ruled ineligible, he/she may not participate in any athletic games or practice until eligibility is rechecked at the end of 9 weeks.
3. Ineligible players may not ride with his or her team to extra-curricular activities.
4. Ineligible players may not leave early from school to watch his or her team play.

Freedom to Participate

Students that have made a commitment to a team that are academically eligible and have not been suspended by the school or athletic department are expected to fulfill their commitment to all practices and games. Please do not hold your child out from competing because of grades or other discipline at home if they are eligible by school/athletic rules. PCA encourages you to come to the Athletic Director, that we might work together, rather than punish the whole team. In some cases, your athlete's non-participation may cause the season to end.

Parent Coaching

Coaches need freedom to teach athletes the skills and techniques they feel necessary to better our program. Please allow our coaches this freedom without negating the things they are teaching. Please allow coaches to do their job. If you have a question about technique or why something is being taught a certain way, please go see the coach and they will be glad to discuss it with you. Disagreeing and/or teaching your child something different is never good and always causes problems.

Please do not coach your kids from the bleachers. This creates a dilemma for the athletes and the coaches. The athletes don't know who to listen to and this creates problems on the court and/or field of play.

Please do not try and discuss playing time or game strategy with a coach right before or after a game or in public areas. We will be glad to meet with you and discuss any issues you have, but at the correct time and place. Our coaches are instructed to ask the parents to wait until the next day to set up a meeting. They are not "putting you off" or ignoring your concern, but following athletic policy.

Quitting/Dropping Sports

We want our athletes to learn to finish what they start. With this in mind we take quitting very seriously. If an athlete "quits" during an athletic season they will not be allowed to play another sport for one calendar year. Reasons for quitting would be: disagreeing or not liking the coach, playing time, the sport is too hard, etc.... Quitting is much different than "dropping" a sport.

In order to drop a sport a meeting must be arranged between the Athletic Director, parents, student athlete, and coach. If a student "drops" a sport it is because the administration, coaching staff, athlete, and parents have all agreed that it is in the best interest of the student at that time.

Practice

Practices are not voluntary! They are a part of being on a team. If an athlete is going to miss practice they need to let the coach know before practice begins. Any athlete that misses practice without letting the coaching staff know beforehand will be handled as an unexcused absence. Excused absences need to be a rare occasion, but we understand they do happen. **Any** (excused or unexcused) missed practice could affect playing time, position, and will constitute making up work outs missed. It is only fair that the athletes that practice get most of the playing time

Guidelines for Student- Athletes

- Treat others as you wish to be treated.
- Treat officials and opponents with respect.
- Accept without quarrel the final decision made by any official.
- Honor visiting teams and spectators as your guest and treat them as such. Likewise, behave as an honored guest you visit another school.
- Be gracious in victory and defeat. (Learn to take defeat well)
- Be as cooperative as you are competitive.
- Conduct yourself in a way that brings positive recognition to God, Parkview, your team, your sport and yourself including what you post on social media!

Guidelines for Parents

- We shall conduct ourselves in a way that brings positive recognition to God, Parkview, their team, their sport and themselves.
- We shall provide positive support for our children during the game.
- We shall remember that the only instruction our children should receive during a game or practice should be from the coaches.
- We shall support the drills, techniques, and strategies taught by the coaching staff.
- We shall respect our opponents in all that is said and shouted on and off the court/field.
- We shall respect the officials and their decisions
- We shall remember that coaches are not infallible evaluators of talent and potential. We should always feel free to discuss with our coach how our child can get better, but never ask why another player is getting more playing time.
- We shall not place our child between the coach and ourselves. We shall support the coach in front of our child.
- We shall wait to solve any problems or address concerns at times other than immediately before or after a game or practice. If we would like to speak to our coach, we shall schedule an appointment.
- If we have an issue or concern with a coach, we shall first speak with the coach (Matthew 18) before going to the next level of authority.